

Week 1 03/09/18 24/09/18 15/10/2018	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Turkey Curry & Rice	Roast Chicken	Sausages and gravy	Spaghetti Bolognaise	Fish Fingers
Option 2	Macaroni Cheese	Quorn in gravy	Quorn Sausages	Quorn Curry & Rice	Cheese & Tomato Pizza
Vegetables/ Salad	Seasonal of Vegetables	Sliced Carrots, Cauliflower Florets Roast potatoes	Mash Potato Seasonal Vegetables	Garlic Bread Seasonal Vegetables	Chips Baked Beans
Dessert	Jam Sponge & Custard	Fruit Sponge	Jelly & Fruit	Chocolate Sponge	Vanilla Ice Cream
Week 2 10/09/18 01/10/18 22/10/18	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tuna Pasta Bake	Roast Gammon	Cottage Pie	Chicken & Ham Pie	Sausage Roll
Option 2	Jacket Potato Beans & Cheese	Quorn Pieces	Quorn Sausage Casserole	Macaroni Cheese	Cheese Flan
Vegetables/ Salad	Seasonal Vegetables Green Salad	Roast Potatoes Broccoli Florets, Sliced Carrots	Mash Potato Seasonal Vegetables	Boiled Potatoes Seasonal Vegetables	Chips Baked Beans
Dessert	Cheesecake	Fruit Flapjack	Fruit Muffin	Syrup Sponge	Frozen Mousse
Week 3 17/09/18 08/10/18 05/11/18	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lasagne	Roast Pork	Chilli Con Carne & Rice	Tuna Jacket Potato	Pork Sausage
Option 2	Quorn Sausage Turnover	Quorn in gravy	Quorn Bolognaise	Macaroni Cheese	Cheese Whirl
Vegetables/ Salad	Potato Wedges Green Salad	Roast Potatoes Sliced Carrots & Peas	Bread Seasonal Vegetables	Green Salad	Chips Baked Beans
Dessert	Matilda Cake	Cheesecake	Fruit Sponge & Custard	Apple Crumble	Homemade Biscuit & Yoghurt

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